

# Work/Life Services



**CONCERN Work/Life Services are available to all benefit-eligible employees, their dependents, spouses and domestic partners.**

## PARENTING AND CHILDCARE RESOURCES

If you'd like help finding parenting resources for yourself and/or resources for your children, call CONCERN. This benefit covers 1 consultation for each different service requested. An in-depth intake is completed by telephone and referral information and/or educational material is emailed or mailed to you. Referrals are available for a wide variety of services including:

- Family day care homes
- Infant centers
- Preschools
- Adoption Assistance
- Special needs
- Before/after school care
- In-home childcare
- Care for sick children
- School age assistance
- Summer care
- 24-hour care
- Emergency/drop-in care
- Weekend care
- College assistance
- Scholarships

## LEGAL CONSULTATIONS

If you'd like to talk to an attorney about a legal issue, call CONCERN. You will be linked to a local attorney for a free up to 30-minute office or telephone consultation. The legal referral service can be used for all types of legal matters (excluding claims related to the workplace):

- Consumer issues
- Small business services
- Contract issues
- INS issues
- IRS matters
- Divorce
- Child Custody/Support
- Estate planning/Probate
- Foreclosures/Bankruptcy
- Collections
- Real estate
- Landlord/tenant
- Credit problems
- Traffic accidents

## FINANCIAL COUNSELING

If you have questions regarding your finances, call CONCERN. Your EAP benefit entitles you to up to a 1-hour telephone consultation with a financial coach. You also have unlimited access to the financial help-line in order to address common money questions. CONCERN's financial coaches provide sound financial guidance with money-related issues including:

- Money management
- Debt reduction strategies
- Investment basics
- Buying a home
- College Planning
- Financial Aid
- Income Tax Issues
- Creating financial security

## OLDER ADULT SERVICES

If you're caring for an elderly relative and need assistance in finding services or support, call CONCERN. Services include referral to programs and resources in your area that will make it easier to handle the stressful task of locating the needed help.

- Financial issues
- Community Resources
- Durable Power of Attorney for Healthcare
- Retirement
- Caregivers
- Support Groups
- Consumer Health Libraries

## CAREER MANAGEMENT

If you need help with career assessment and counseling, call CONCERN. This benefit covers a 1-hour, telephonic or in person appointment with a Career Counselor (unless otherwise specified by your employer). Career Counselors can help you with career-related issues including:

- Career development and career options
- Clarification of skills, interests, values and work styles.
- Performance review preparation
- Resume writing
- Career education
- Skill enhancement

## ON LINE EDUCATION

LifeAdviser is your online education portal and resource center available 24/7 accessible from any internet web browser. It is a self-help portal with tools, tip, and resources to help employees and their families live healthier, happier lives. Check it out at [www.concern-eap.com](http://www.concern-eap.com)

**1-800-344-4222**  
**[www.concern-eap.com](http://www.concern-eap.com)**