

## Want a Relationship Refresh?

## Free for CONCERN clients

## We've got an app for that.

The Love Every Day app can help you breathe new life into your relationship. This carefully selected app for couples is based on proven behavioral science and is free and exclusive for CONCERN clients.

## It takes just three easy steps:

- 1. Rediscover the spark with quick, powerfully simple questions to help you remember why you fell in love in the first place.
- 2. Anticipate the big reveal by signing up with your partner to receive daily questions via text for 21 days. You'll each receive a text when the other has answered, giving you a fresh perspective and something to look forward to every day.
- 3. Build resilience for tougher times by working as a team, sharing your answers and earning bonus activities to do in real life. Brief, daily exchanges through the app help you benefit from a stronger, more resilient relationship.

Go to <a href="https://www.concernresiliencehub.com/app-garage">www.concernresiliencehub.com/app-garage</a> and click on Love Every Day to get started. First time users will need to login with their company name.



Looking for more useful information on ways to take care of yourself? Check out the Resilience  $\mathsf{Hub}^{\mathsf{TM}}$ . First-time users will have to type in your company name to access the site.  $\mathbf{www.ConcernResilienceHub.com}$ 



Real help, real experts, real fast. **800.344.4222 www.concern-eap.com** 



